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2010 Power Smart Manitoba Winter Games – Gearing up for the Games!



Manitoba's premier sporting event is coming to Portage la Prairie March 7-13, 2010. Athletes from ten different sports will be competing against the best of the best throughout the province.

PHASE ONE March 7-10, 2010	PHASE TWO March 10-13, 2010
<p>Cross Country Ski Bowling – 5 Pin Figure Skating Artistic Gymnastics Female Hockey Male Volleyball</p>	<p>Special Olympics Bowling Badminton Curling Male Hockey Ringette Female Volleyball</p>

The focus of the Games is on the development of Manitoba athletes by providing them with skill development opportunities and a multi-sport experience to help prepare them for higher levels of competition like the Canada Games, Western Canada Games and national and international championships in their sport. Athlete selection varies by sport, either through existing competitions, a qualifying event or selection of regional all-star teams following a series of identification, training, skill-development and try-out camps. Requirements for each sport are outlined in the sport Technical Package. Below are further details regarding each sport:

Sport & Age Eligibility	Qualifier/Selection Info
<p><u>Artistic Gymnastics</u> <u>Males:</u> AA Regional Stream 10-12 years AA Provincial Stream 10-12 years (Born 1997-1999) AA Regional Stream 13-18 years AA Provincial Stream 13-18 years (Born 1996 or earlier)</p>	<p>Qualifier: Portage la Prairie Further details TBA.</p>

Events

Central Region
Hershey Track & Field Meet
June 11, 2009
Carman, MB
To register contact Sport
Manitoba Central Region

Portage C.O.P.P. Golf
Tournament
July 2, 2009

Sport & Age Eligibility	Qualifier/Selection Info
<p><u>Artistic Gymnastics</u> <u>Females:</u> <i>AA Regional Stream 10-11 years</i> <i>AA Provincial Stream 10-11 years</i> (Born 1998-1999) <i>AA Regional Stream 12 years</i> <i>AA Provincial Stream 12 years</i> (Born 1997) <i>AA Regional Stream 13-18 years</i> <i>AA Provincial Stream 13-18 years</i> (Born 1996 or earlier)</p>	<p><u>Qualifier:</u> Portage la Prairie Further details TBA.</p>
<p><u>Badminton</u> <i>Youth Male & Female 18 & under</i> (Born 1992 or later) <i>Junior Male & Female 14 & under</i> (Born 1996 or later)</p>	<p><u>I.D. & Pre-Qualifier Training:</u> 2-5pm @ Carman Collegiate on the following dates in 2009: Oct. 18, Nov. 1, Nov. 15, Nov. 29</p> <p><u>Qualifier:</u> December 4 & 5, 2009 Carman Collegiate Register via Sport Manitoba Central Region (registration fee TBA)</p>
<p><u>Bowling – 5 Pin</u> <i>10-13 yrs old</i> <i>14-17 yrs old</i> <i>18-21 yrs old</i> (as of December 31, 2009)</p>	<p><u>Qualifier:</u> December 5, 2009 2-5pm Carman Five Pin Bowling Lanes</p> <p>Further details TBA.</p>
<p><u>Bowling – Special Olympics</u> <i>10 – 21 years of age</i> (as of December 31, 2009)</p>	<p><u>Qualifier:</u> Further details TBA.</p>
<p><u>Cross Country Ski</u> <i>Mini midget 10-11</i> (Born 1999-1998) <i>Midget 12-1</i> (Born 1997-1996) <i>Juvenile 14-15</i> (Born 1995-1994)</p>	<p><u>I.D. Camp:</u> May 23 & 24, 2009 Minaki Yurts, Minaki, ON</p> <p><u>Qualifier:</u> Concurrent with the Birch Open (January 2010). Further details TBA.</p>

Important Links

Click on the links to access helpful information & resources.

SPORT MANITOBA GRANTS

- ~ Request grant forms (or other information) from your local Recreation District Office or Central Region Office. Also ask for specifics on deadline dates etc.

SPORT MANITOBA

- ~ Resources for all sports as well as links to all Provincial Sport Organizations

KIDSPORT™ FUNDING

- ~ Download current funding & equipment applications
- ~ Find out how you can get involved in supporting this great charity!

2010 POWER SMART MANITOBA GAMES

- ~ Downloads available for sport technical packages
- ~ Information on sport specific age and eligibility requirements

COACHING MANITOBA

- ~ Provides supports & resources to coaches for any sport

RESPECT IN SPORT

- ~ Provides great support info as well access to the program
- ~ Coaches have you completed the online program requirements?

SPORT FOR LIFE

- ~ Provides useful articles, resources & downloads for planning sport excellence & well-being.

Sport & Age Eligibility	Qualifier/Selection Info
<p><u>Curling</u> <i>Jr. Women 12-17 years</i> (Born 1993-1998) <i>Jr. Men 12-17years</i> (Born 1993-1998)</p>	<p><u>Development Camp:</u> November 14, 2009 Manitou Curling Club Further details TBA.</p> <p><u>Qualifier:</u> January 15-17, 2010 Morden Curling Club Further details TBA.</p>
<p><u>Figure Skating</u> <i>Competitive Women Level I 10-12 years</i> <i>Competitive Women Level II 10-17years</i> (Competitive ages as of July 1, 2009)</p> <p><i>StarSkate Women 11-16 years</i> (As of Oct. 1, 2009)</p> <p><i>Combined Men 10-17 years</i> (As of Oct. 1, 2009)</p> <p><i>Special Olympics Levels 1,2 & 3</i> (No age limit)</p> <p>Please see technical package for further details regarding test requirements.</p>	<p><u>Competitive Qualifier:</u> Concurrent with MB. Sectionals Competition November 6-8, 2009, Swan River, MB Registration info: TBA</p> <p><u>StarSkate Women, Combined Men & Special Olympics Qualifier:</u> Concurrent with Central Plains Regional Competition January, 2010 Location & fee: TBA</p>
<p><u>Hockey</u> <i>Female Midget 16 & 15 years</i> (Born 1993 & 1994)</p> <p><i>Male Major Bantam</i> (Born 1995)</p>	<p><u>Female team selection/try-outs:</u> Fall 2009 Further details TBA.</p> <p><u>Male team selection/try-outs:</u> <u>Stage 1 – Pre-Evaluation Camp:</u> April 19, 2009 9am-2pm Morden Recreation Centre Fee: \$20</p> <p><u>Stage 2 – Try-Outs:</u> September 25-27, 2009 Morden Recreation Centre Register via Sport Manitoba Central Region Fee: \$40 payable to PVMHA (\$60 for players who did not attend the spring camp; \$80 for players who register late) Registration deadline: August 15/09</p>

Contact Us

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If you do not wish to receive future editions, please respond to this message with the word REMOVE in the subject line.

Sport & Age Eligibility	Qualifier/Selection Info
<p><u>Ringette</u> <i>Junior and Belle AA/A/B Under 19</i> (Born 1991 and younger by December 31, 2009)</p>	<p><u>Phase 1 identification:</u> Concurrent with the AA try-outs (April/May 2009)</p> <p><u>Phase 2 try-outs</u> Sept/Oct, 2009 Further details TBA.</p>
<p><u>Volleyball</u> <i>Male 13 and under</i> (Born 1996 or later)</p> <p><i>Female 13 and under</i> (Born 1996 or later)</p>	<p><u>Player I.D.:</u> via club competitions and Provincials (January – May 2009)</p> <p><u>Player Development Clinics:</u> June-August 2009 – 2 player development clinics Further details TBA.</p> <p><u>Final I.D. camp:</u> December 2009 Further details TBA.</p>

For further information regarding a specific sport please contact the Sport Manitoba Central Region Office.

- Volunteer as Mission Staff for 2010

Mission Staff become the heart of Team Central by demonstrating regional team spirit and sportsmanship; encouraging everyone to enjoy their Games experience and to have fun! They help to ensure the successful preparation, staging and operation of Team Central. Collectively, Mission Staff serve as the administrative and management body for Team Central at the Provincial Finals. Mission Staff can volunteer for one or both phases during the Games. For more information please contact the Central Region Office at 822-6735.

Proud Presenting Sponsors of the 2010 Power Smart Manitoba Winter Games



KidSport™ NEWS

KidSport™ is a charity dedicated to assisting children to overcome financial barriers, which prevent or limit their participation in organized sports. Financial assistance is available to children ages 5-18, up to a maximum of \$300 per year.



The Central KidSport™ Committee approved 56 applications this spring, allocating \$4,951 to children in need. These applicants represented fifteen communities in Central Region; registrations were in the sports of baseball, basketball, football, soccer, softball and swimming.

Central KidSport™ NEEDS >>>>>> VOLUNTEERS...is that YOU?

In 2008, over 190 children in Central benefited from the Central KidSport™ fund. The demand for assistance is steadily increasing so the Central KidSport™ program is seeking more volunteers to join its committee. Please contact the Central office for more information.

Donate to Central's KidSport™ Fund

Make Central's KidSport™ Program your organization's or individual Charity of Choice. Donations are greatly appreciated and receipts will be issued.

Winkler SuperStore Raising Funds for KidSport™

June 6 – 12 – KidSport Collateral for Loblaws – purchase a \$2.00 tag at any Extra Foods or Superstore and all proceeds will be donated to KidSport Canada.

KidSport™ Central Named Charity of Choice for the Portage Citizens On Patrol Program (C.O.P.P.) Golf Tournament

KidSport™ Central Region has been named the Charity of Choice for the C.O.P.P. Golf Tournament in Portage la Prairie on July 2, 2009. The tournament will be a shotgun start, best ball Texas scramble format and commences at 11:00 a.m. In 2008 this tournament raised \$2,000 for KidSport™ Central Region.

Portable-Mobile Bleachers

If you need to rent some bleachers for your next big event, Sport Manitoba has options that may work for you!

1. Winnipeg region has 6 sets of 250 seat mobile bleachers (towed by Dr. Hook and stored at Red River Ex Park)...[more info](#)
2. Interlake owns 2 sets of 32 seat portable bleachers (can be towed by a half ton truck with a box)...[more info](#)